total distributions on line 16a and the taxable amount on line 16b. Enter "PSO" next to line 16b.

If you are retired on disability and reporting your disability pension on line 7, include only the taxable amount on that line

and enter "PSO" and the amount excluded on the dotted line next to line 7.

## **Simplified Method**

You must use the Simplified Method if either of the following applies.

- 1. Your annuity starting date was after July 1, 1986, and you used this method last year to figure the taxable part.
- 2. Your annuity starting date was after November 18, 1996, and both of the following apply.

## Simplified Method Worksheet-Lines 16a and 16b



<b>Before you begin:</b> \( If you are the beneficiary of a deceased employee or former employee who died <b>before</b> August 21, 1996, include any death benefit exclusion that you are entitled to (up to \$5,000) in the amount entered on line 2 below.			
<b>Note.</b> If you had more than one partially taxable pension or annuity, figure the taxable part of each separately. Enter the total of the taxable parts on Form 1040, line 16b. Enter the total pension or annuity payments received in 2011 on Form 1040, line 16a.			
1.	Enter the total pension or annuity payments from line 16a	Form 1099-R, box 1. Also, enter this amou	
2.	Enter your cost in the plan at the annuity starting <b>Note.</b> If you completed this worksheet last year,	skip line 3 and enter the amount from line 4	
	of last year's worksheet on line 4 below (even if changed). Otherwise, go to line 3.		
3.	Enter the appropriate number from <b>Table 1</b> below. <b>But</b> if your annuity starting date was <b>after</b> 1997 <b>and</b> the payments are for your life and that of your beneficiary, enter the appropriate  number from <b>Table 2</b> below		
4.	Divide line 2 by the number on line 3		
5.	Multiply line 4 by the number of months for which this year's payments were made. If your annuity starting date was <b>before</b> 1987, skip lines 6 and 7 and enter this amount on line 8.  Otherwise, go to line 6		
6.	Enter the amount, if any, recovered tax free in years after 1986. If you completed this		
	worksheet last year, enter the amount from line 1	0 of last year's worksheet	· 6.
7.	7. Subtract line 6 from line 2		. 7.
8.	Enter the <b>smaller</b> of line 5 or line 7		
, ·	1040, line 16b. If your Form 1099-R shows a larger amount, use the amount on this line instead of the amount from Form 1099-R. If you are a retired public safety officer, see <i>Insurance Premiums for Retired Public Safety Officers</i> before entering an amount on line 16b.		
10.	<b>0.</b> Was your annuity starting date before 1987?		
	Yes. STOP Leave line 10 blank.		
No. Add lines 6 and 8. This is the <b>amount you have recovered tax free</b> through 2011. You will need this			
number when you fill out this worksheet next year			
Table 1 for Line 3 Above			
	AND your annuity starting date was—		
	IF the age at annuity starting date was	before November 19, 1996, enter on line 3	after November 18, 1996, enter on line 3
	55 or under	300	360
	56–60	260	310
	61–65	240	260
	66–70 71 or older	170 120	210 160
	71 Of Older	Table 2 for Line 3 Above	100
	IF the combined ages at annuity		
starting date were		THEN enter on line 3	
	110 or under		410
	111–120		360
	121–130		310
	131–140		260
	141 or older		210